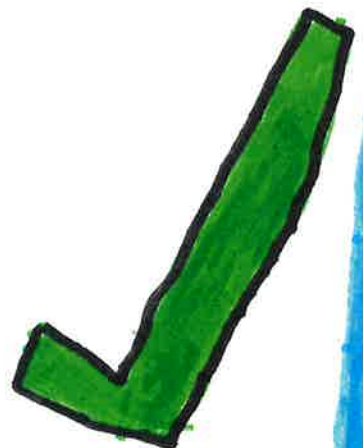
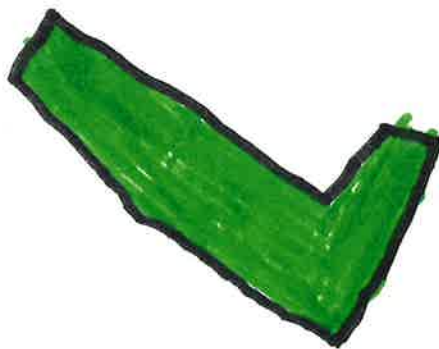




A Safeguarding for
children.



Regis Manor School
a place to be safe!

Most days we feel
happy and safe.



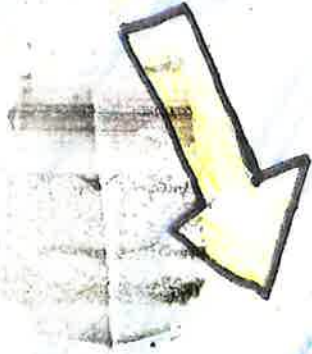
But occasionally we
might feel worried
and unhappy.



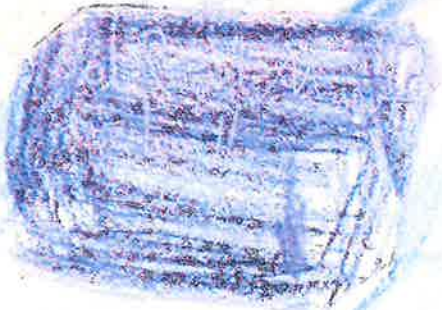
This is not a nice
feeling and we might
need help to make
us happy again.



HELP IS HERE



REGIS MANOR



Don't be afraid to
tell someone if you
are worried!

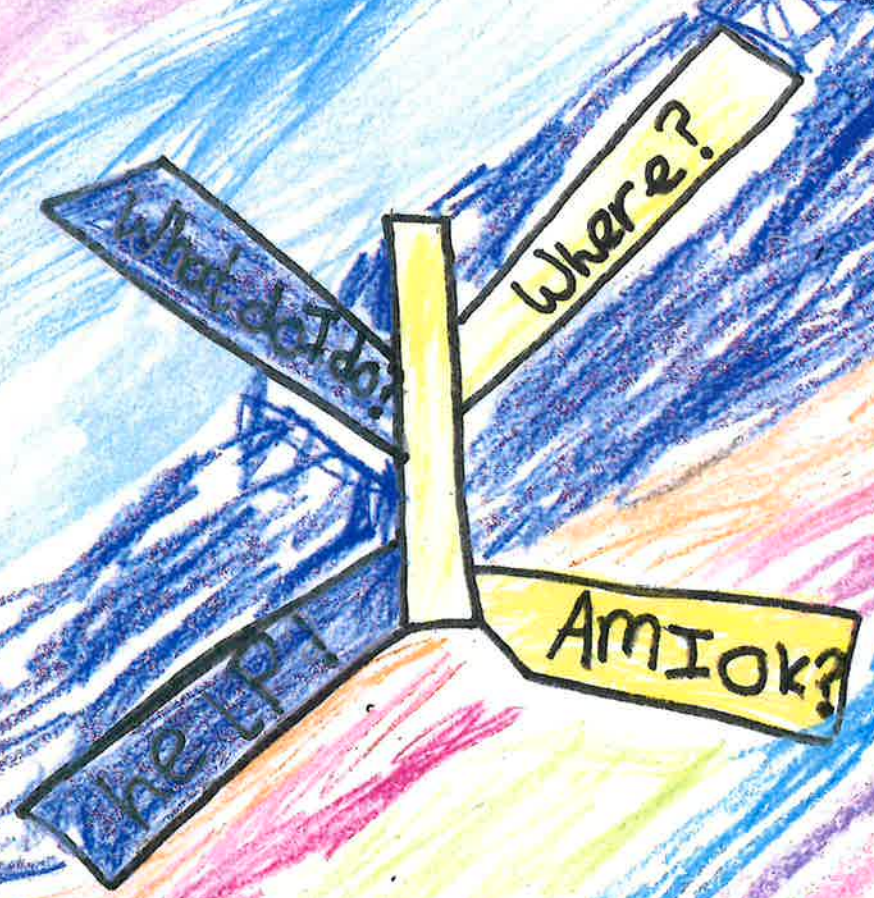
We can go and
see Mrs Best
or Mrs Millington.
They WILL make
you feel better!

Talk to your
friends - Maybe
they can help
you or get help
FOR you.

You can talk
to a teacher.

There are more places to get
help on the next page...

It is important that we know
where we can get help when
we are worried. Who can look
after you and make
sure you are ok?



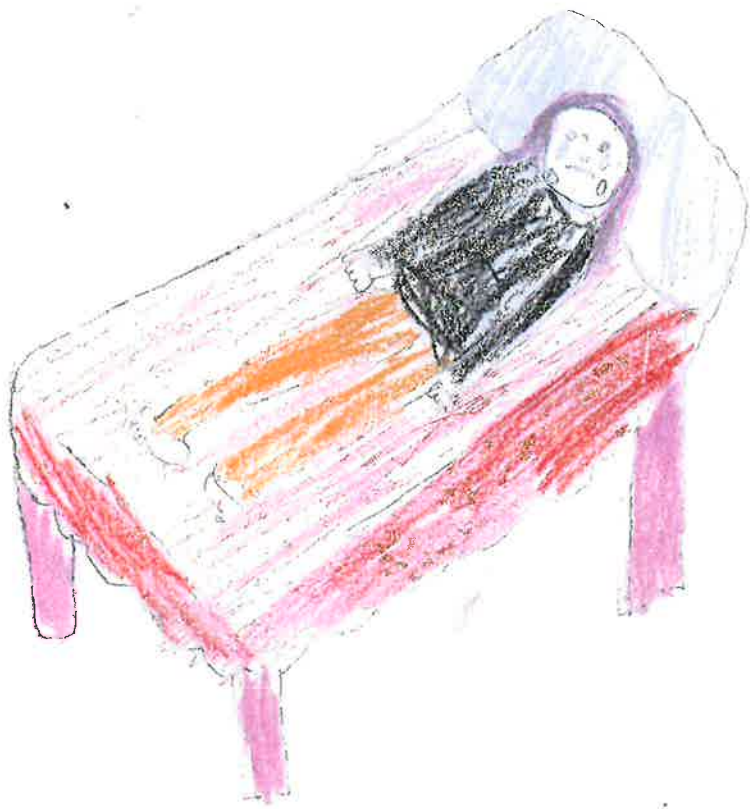
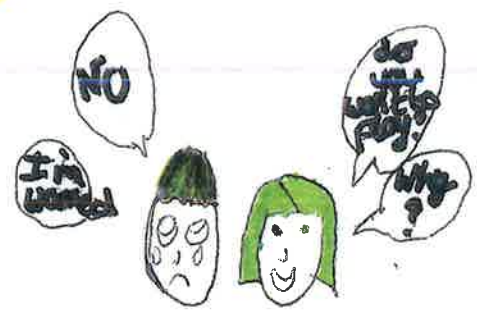
you can talk
to friends



When we feel worried we feel like we are on our own for a long time. Our head might make us feel scared and alone. Having worries is normal but when we feel like this it is difficult to do our work properly. Learning at school, be happy with our friends or even to sleep



(3)



Other ways

to find

help...

0800 1111

child line



0808 800 5000

Nspcc



HELP is right here
at Regis Manor School!

We want **EVERY** Child
to be **SAFE** in this School

